

Colonic Regina

Colonic Regina - A colon hydrotherapy is a method that works to gently flush water in the rectum to aid remove toxins and mucus from the colon. Also known as colon irrigation, colonic irrigation or colonics, the colon hydrotherapy treatment could be applied so as to treat constipation, aid relax tight colon muscles, strengthen the colon, to cleanse the colon all through periods of fasting, and to be able to help in the detoxification process. Colonics are indicated when there is an increase of toxicity and mucus levels in the body. Dependent upon the patient's health condition, either warm or cool water can be used.

Though a lot of physical conditions will show a benefit to colon cleansing, there are some instances where this kind of therapy is not used. Potentially life-threatening or very life-threatening colon conditions that affects a patient like for instance intestinal bleeding, inflamed hemorrhoids, or intestinal obstructions are specific times when colon hydrotherapy is not utilized. Colon hydrotherapy is likewise contraindicated in hypertension and pregnancy.