

EMS Regina

EMS Regina - Constitutional Hydrotherapy is a method which joins electrical muscle stimulation or also known as EMS with a cold compress and a hot compress. This particular therapy works through stimulating the immune system that allows the patient to reposition from a dominant sympathetic state to a relaxing parasympathetic state, helping to stimulate the healing process within the body. The electrical muscle stimulation causes muscle tightening to enhance venous and lymph blood flow.

Also utilized as a complimentary treatment, Constitutional Hydrotherapy may work for many physical conditions like asthma, irritable bowel syndrome, premenstrual syndrome or pms, respiratory infections and other physical conditions which help to support the immune system. Patients can require as many as ten treatments to see actual results.