

Registered Massage Therapist Regina

Registered Massage Therapist Regina - An energy healer is someone who is gifted with working with balancing the energy field which surrounds the human body or animal. The energy field is known as different things; conventionally called the chakras, aura body, chi or the energy body. To an energy healer, the term is not as important as the effects of working with it.

Energy healing is an integral aspect of whatever holistic healing plan for the reason that our energy fields are practically associated to our complete health. Energy work is linked with the gateway of the Spirit. The Body Gateway is connected with physical healing, the Mind Gateway is linked to emotional and mental healing and the Spirit Gateway is associated with energy healing.

It is usually believed by many energy healers that every dis-ease originates from and could be healed through working with the energy body. For instance, if you have respiratory issues, you may have a block around your lungs. When an energy healer unblocks that area, your respiratory problems must decrease or disappear.

Depending on the system they work with, energy healers operate in various ways. The basics are the following: exorcising negative fields, unblocking, re-routing and charging with light. Your local metaphysical store or spiritual bookstore might be able to put you in touch with an energy healer if you feel this might be for you.